

4-step R-model overview

The R-Model is a violence prevention protocol for K-12 schools using Crisis Response Teams (CRT). Schools get **ready** by setting up a team and protocols, **respond** to students in crisis, **refer** students to support and resources, and **revisit** to continually check in with that student.

Ready

Building a crisis response team

- Promote a safe school climate
- Establish a Crisis Response Team
- Identify resources
- Define concerning behaviors that need reporting to the team
- Create a central reporting mechanism
- Determine criteria for intervention
- Train all stakeholders
- Plan communication strategies

Respond

Effectively managing a crisis

- Establish the assessment procedures
- Conduct interviews with the person in crisis and the reporter
- Involve law enforcement if appropriate
- Conduct additional fact-finding interviews and gather records
- Evaluate crisis in context of social/emotional development
- Develop risk management options

Refer

Determine the level and type of intervention necessary

- Determine the best course of action based on the seriousness of the crisis, the students' level of risk, and their individual needs.
- Create an Individualized Plan of Support (IPS) in writing, describing the action to be taken, and how and when the CRT will follow-up and check in with the student and their parents.
- Avoid punitive responses that may exacerbate the crisis and/or any grievance
- Concerning behaviors can have a variety of resolutions

Revisit

Consistent follow-up to assess progress and process

- The team should meet regularly to review case plans completed on previous assessments.
- Determine if student's progress has been successful enough to discontinue the IPS
- Revise or revisit the IPS if needed to ensure student success